



FOR IMMEDIATE RELEASE
October 23, 2006

BCM Resources Corporation: Company Adds Second Drill Rig to Shan Drill Program

BCM Resources Corporation (TSX-V: B) reports that the Company has mobilized a second diamond drill rig to accelerate its phase one exploration program on the Shan molybdenum property. The second rig has been added as a result of positive visual indications from the initial drilling at the property and an extension of the area of surface mineralization reported earlier this month. Sample results will be released when completed holes have been fully assayed. The rig is expected to arrive on site this week.

-30-

Contact:
Dale McClanaghan
President & CEO
604.646.0144
www.bcmresources.com

To receive BCM Resources news releases by e-mail, contact CEO & President Dale McClanaghan at d.mcclan@bcmresources.com or call (604)646-0144. The TSX has neither approved nor disapproved of the information contained herein.

Forward Looking Statements: *Statements in this news release are forward-looking statements. Forward-looking statements include without limitation, statements regarding the company's plans, goals or objectives and future completion of mine feasibility studies, mine development programs, capital and operating costs, production, potential mineralization and reserves, exploration results and future plans and objectives of BCM. Forward-looking statements can generally be identified by the use of forward-looking terminology such as "may," "will," "expect," "intend," "estimate," "anticipate," "believe," or "continues" or the negative thereof or variations thereon or similar terminology. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Important factors that could cause actual results to differ materially from expectations include risks associated with mining generally and pre-development stage projects in particular including but not limited to changes in general economic conditions, litigation, legislative, environmental and other judicial, regulatory, technological and operational difficulties, labor relations matters, foreign exchange costs & rates. Potential investors should conduct their own investigations as to the suitability of investing in securities of BCM.*