

FOR IMMEDIATE RELEASE

June 8, 2010

BCM Resources Corp.: Good-grade Gold and Silver at Lorne Property; Additional Claims Acquired

BCM Resources Corporation (TSX-V: B) has staked an additional 93 hectares of mineral claims adjacent to its Lorne property, located on South Lorne Creek 40 km. north of Terrace B.C.

Gold values of 9.8 and 7.7 g/t, accompanied by silver values of 186.1 and 213.6 g/t, were recorded in a 1988 Assessment Report for float boulder samples collected from the central part of the Company's current Lorne claims. The lower reaches of Lorne Creek were worked for placer gold in the early part of the past century.

The Assessment Report (1988: #17,976) concludes that, due to the steep topography, the mineralized boulders originated above, and in close proximity to the sample locations. The new claims are uphill from the sample area.

The Company intends to pursue these good grades of gold and silver mineralization during the upcoming exploration season.

Qualified Person: N.C. Carter, Ph.D., P.Eng., a Qualified Person as defined in NI 43-101, has reviewed the technical content of this news release.

Dale McClanaghan President & CEO

Contact: Deborah Goldbloom, Investor Relations info@bcmresources.com Telephone: 1 (604) 646-0144, ext. 223 Toll Free: 1 (888) 646-0144 www.bcmresources.com

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.