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BCM Resources Corporation: Successful 2009 Exploration Programs at Lorne and Alder Molybdenum Properties

Successful prospecting and geochemical sampling programs were completed on BCM Resources Corporation's Lorne and Alder molybdenum ("Mo") properties in early fall 2009. Previous work at these two properties, located in the Terrace area of northwestern British Columbia, has been minimal, with most of the Company's efforts over the past few years focused on the nearby Molybdenum Creek and the flagship Shan properties.

The Lorne and Alder properties, situated 35 and 70 km north of Terrace respectively, have geological features typical of Alice Arm style molybdenum deposits and prospects.

Lorne and Alder are two of numerous known molybdenum prospects associated with small granitic stocks, located along the eastern margin of the Coast Belt between Alice Arm and Terrace. The formerly producing Kitsault molybdenum mine near Alice Arm is currently the focus of a feasibility study being carried out by Avanti Mining Corp. to determine the possibility of renewed production. Proven and probable open pit reserves are reported as being 215 million tonnes grading 0.085% Mo.

Prospecting on the Lorne property in early September disclosed the presence of bedrock exposures of granitic rocks laced with quartz veinlets in South Lorne Creek. Previous rock sampling, conducted by BCM in 2006, near the headwaters of South Lorne Creek and in the vicinity of two, short drill-holes completed in 1981, returned Mo values of between 10 and 500 ppm from 14 samples collected within a 700 x 500 metre area. Results of additional rock sampling in 2008, from 1.5 – 3 km east of the initial sampling, suggest a continuation of mineralization in this direction.

Thirteen stream sediment samples were collected from small drainages tributary to South Lorne Creek in this area during the 2009 program. Both -80 and +80 mesh size samples were subjected to ICP-MS analyses at Acme Analytical Laboratories in Vancouver. Nine of the -80 mesh size samples returned strongly anomalous molybdenum values of between 53 and 401 ppm Mo plus elevated Cu, Pb, Zn and Ag values. The thirteen +80 mesh size samples included five with Mo values of between 66 and 384 ppm.

While the significance of the foregoing anomalous molybdenum values requires additional investigation, the results clearly suggest that the area of interest within the Lorne property is significantly larger than previously thought.

The Alder property is situated mainly on a steep, heavily forested, south-facing slope which in the past has made access to the property difficult thus limiting previous exploratory work. A newly built active logging road, extending south approx. 20 km from the Nass highway and currently terminating approx. 800 meters northeast of the known mineral showings, has made the property much more accessible; providing ready access to complete a sampling program in early October which included the collection of 46 rock and 17 stream sediment samples. The Company also staked an additional 426 hectares (1,053 acres) of mineral claims on the northeast side of the original claim block.

Bedrock samples were collected from the area of the original mineral showings, an area upstream and from exposures along the logging road within the newly acquired claims. Best results were obtained from ten samples collected within a 100 square metre area surrounding the original showings. Eight of these samples contained Mo values greater than 100 ppm, ranging up to more than 2000 ppm and averaging 445 ppm. These samples also contained elevated Cu (average 326 ppm) and Ag values.

Although rock samples collected between 600 and 1200 metres upstream from the original showings did not contain significant values, stream sediments returned elevated zinc values. A stream sediment sample collected from an east-flowing drainage within the new claim area returned 12 ppm Mo plus enhanced Zn and Ag values. Additional sampling, within and adjacent to the area of the original showings, is warranted at Alder.

The Company looks forward to continued exploration at both the Lorne and Alder projects in the upcoming exploration year.

BCM Resources Corporation's common shares are traded on the TSX-Venture Exchange under the symbol "B".

Qualified Person: Nicholas Carter, Ph.D., P.Eng., a Qualified Person as defined in NI 43-101, has reviewed the technical content of this news release.

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