



FOR IMMEDIATE RELEASE
October 4, 2007

BCM Resources: High Grade Molybdenum Sample Results from Shan South

BCM Resources Corporation (TSX-V: B) has received the results for 7 chip samples taken (during this past summer's recon program) from creek outcrops throughout the Triangle target area of Shan South, where diamond drilling is currently underway. These included samples of gently dipping quartz veins, stockwork quartz veinlets, steeply dipping NNW shear zones, and areas of intense pyritic alteration of host rock.

The sample results include:

Sample Number:	Type:	Mo %:
SH511	Rock	.138
SH512	Rock	.471
SH513	Rock	.339
SH514	Rock	.317
SH515	Rock	.053
SH516	Rock	.116
SH517	Rock	.13

Additionally re-assay results of the two samples reported as >.2% Mo in the Oct. 1, 2007 news release have returned as .288% Mo and .213% Mo. All assays were carried out at Acme Analytical Laboratories in Vancouver B.C.

Qualified Person: Daryl Hanson, P.Eng. who is a Qualified Person as defined in NI 43-101, has reviewed the technical content of this news release.

Contact:

Dale McClanaghan

President & CEO

604.646.0144

www.bcmresources.com

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.